



# Yate & District Athletic Club

Yate Outdoor Sports Complex, Broad Lane, Yate  
South Gloucestershire BS37 7LB

## Throws & Jumps Spring Open

under UKA rules

Saturday 24 <sup>th</sup> March 2018			
Throws		Jumps	
Provisional Start Time	Event	Provisional Start Time	Event
11:30am	Hammer	12.00pm	High Jump
1.00pm	Discus	1.30pm	Long Jump
2.30pm	Javelin	12.00pm	Pole Vault * (warm up from 11.15am)
3.30pm	Shot	* Note: Pole Vault may be split into two competitions - TBA via e-mail prior to the day	

Advance entries: £3.50 per event or £7 for more than one event

On the day: £5 per event or £10 for more than one event

(U13/U15/U17 up to 3 events maximum)

Number of trials (throws & long jump) dependant on volume of entries (min of 4 / max of 6).

\* Electronic Distance Measurement (EDM) for all Long Throws \*

**For advance entry please download the entry form and email to: [yateacopen@gmail.com](mailto:yateacopen@gmail.com)**

Entries may close before the day to allow the minimum number of trials.

Please check website ([www.yateanddistrictac.co.uk](http://www.yateanddistrictac.co.uk)) for availability of on the day entries or via email: [yateacopen@gmail.com](mailto:yateacopen@gmail.com)

Events / timings may be subject to change - please check the Yate AC website for details

Easy access from the M4 and M5 - Free on-site car parking - Location: YOSC, BS37 7LB

**\*\* Hot and cold refreshments available all day \*\***

**Yate & District Athletic Club**  
**Throws and Jumps - Spring Open 2018**  
**Saturday 24<sup>th</sup> March 2018 - ENTRY FORM**

<b>Name</b>												
<b>Address</b>												
<b>E-mail</b>								<b>Phone</b>				
<b>Club</b>												
<b>EA number</b>								<b>Date of birth</b>				
<b>Age group</b> (please tick)	<b>U13B</b>	<b>U13G</b>	<b>U15B</b>	<b>U15G</b>	<b>U17M</b>	<b>U17W</b>	<b>U20M</b>	<b>U20W</b>	<b>SM</b>	<b>SW</b>	<b>VM</b>	<b>VW</b>
<b>Please tick all events to be entered &amp; provide PB / SB</b>												
<b>Prov. Start Time</b>	<b>EVENT</b>						<b>Please tick</b>			<b>PB / SB</b>		
<b>Throws</b>												
11.30am	Hammer											
1.00pm	Discus											
2.30pm	Javelin											
3.30pm	Shot											
<b>Jumps</b>												
12.00pm	High Jump											
12.00pm	Pole Vault*											
1.30pm	Long Jump											

\* Note: Pole Vault may be split into two competitions - TBA via e-mail prior to the day

Yate & District AC will only use your personal data in connection with this event. If you would like Yate & District AC to retain your information to contact you regarding future events please tick this box

**Signature** \_\_\_\_\_ (parent or guardian if under 18)

Please e-mail completed entry form to: [yateacopen@gmail.com](mailto:yateacopen@gmail.com)

or post: Yate AC Open, Porch Cottage, Littleton Drew, Chippenham, Wiltshire SN14 7NB

Payment by BACS to Yate & District AC – Account No: 68948303 Sort Code: 09-01-51

**\*\*use surname and EA number as reference so we can identify your payment\*\***

or by cheque made payable to 'Yate & District AC'.

Please note Yate & District AC do not issue refunds unless it is necessary to cancel the event.